

DAY 29

“The key to realizing a dream is to focus not on success but significance – and then even the small steps and little victories along your path will take on greater meaning.”
– Oprah Winfrey

Today, sit down and discuss with your partner how each of your ideals shape your life and how you want your life shaped by these ideals.

Write down what is important to you and your partner. What are the values you hold that are of importance to your life together individually and as a couple: