

DAY 25

“In some way, suffering ceases to be suffering at the moment it finds meaning, such as the meaning of sacrifice.” – Victor Frankl

Today, respond to the questions about sacrifice below and keep them handy for tomorrow’s lesson.

What are the areas in your relationship that require you or your partner to engage in sacrificing for the other?

In what ways have you sacrificed for your partner? And in what ways have they sacrificed for you?