

DAY 14

“The formulation of a problem is often more essential than its solution, which may be merely a matter of mathematical experimental skills.” - Albert Einstein

Your task for today is to think about what personality differences or communication styles you exhibit that create difficulties in your relationship. Remember, this is never a matter of who is “right” and “wrong” – it is simply a result of our temperament, upbringing, and experiences.

Take note of your thoughts in the space provided below: