

DAY 13

“There’s a place in your heart where nobody’s been. Take me there.” – Rascal Flatts

Your task for today is to journal about the questions below and share with one another.

How much do you and your partner actually talk about intimacy and sex? Do you see them as one and the same, or different? Is one needed to create the other?

How did you come to learn about sex? What does the word intimacy mean to you? What are your biggest fears in being intimate or sexual?