

DAY 1

“Knowing yourself is the beginning of all wisdom.” -Aristotle

Love maps are defined as knowing the intricacies of your partners inner psychological world. We first must know ourselves to share with our partners in a way that we can be fully known by them. So, lets get to know you a bit better. Ponder these questions and share your answers with your partner.

What have been the most defining moments that have helped shape my life – positive and negative?

As we begin this journey together as a couple, how do I need to be encouraged right now?

What is my worst fear and how does it limit my possibilities in life? Does it impact my relationship?